

[RECIPE FOR A VEGGIE BURGER](#)



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If you've struggled with having veggie burgers fall apart or being too dry and crumbly, check out these tips for making the perfect veggie burger.

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Vegetarian burger recipes BBC Good Food

Vegetarian burger recipes. 20 Recipes. Ditch the meat and try one of our veggie burger recipes at your next barbecue, or for a filling midweek meal. They're packed with protein, fibre and flavour.

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This is the veggie burger supreme - the easiest and MOST ECONOMICAL burger of all. A single medium-sized eggplant (together with the usual trimmings) feeds a family of 6. A single medium-sized eggplant (together with the usual trimmings) feeds a family of 6.

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21 Delicious Veggie Burger Recipes Cooking Light

Veggie burgers are, for many, the go-to low-fat option for dinner in a snap. The frozen-food aisle is packed with different varieties made from chickpeas, black beans, soy, and quinoa.

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Veggie Burger Recipes Taste of Home

Looking for a meatless option to fill your burger craving? These vegetarian burgers are healthy, hearty and delicious! Find recipes for veggie burgers, black bean burgers, portobello burgers and more.

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Veggie Burger Recipe How to Make Delicious Homemade

Ingredients for a Great Veggie Burger Recipe. Most non-meat based burgers are made from tofu (a soybean product), or dried beans. Neither of these ingredients have a lot of flavor on their own, but you can add a few things to make them taste better. Here s a list of some things you could add to make your veggie burger stand out.

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Vegetable Veggie Burger Recipe thespruceeats com

Gather the ingredients. In a blender or food processor, process tofu until creamy and set aside. Sautee the corn, mushrooms, scallions and bell pepper in one tablespoon of oil for 3 to 5 minutes.

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5 Veggie Burger Recipes We Love Health

Lentils, onions, cremini mushrooms, and breadcrumbs make up the base of this tasty burger. Even though it's vegetarian, it still delivers 14 grams of energizing protein plus essential minerals.

<http://ebookslibrary.club/5-Veggie-Burger-Recipes-We-Love-Health.pdf>

Grillable Veggie Burger Minimalist Baker Recipes

For larger burgers, divide into 5 patties (1/2 cup in size // amount as original recipe is written), or form 10 smaller burgers (1/4 cup in size // amount as original recipe is written).

<http://ebookslibrary.club/Grillable-Veggie-Burger-Minimalist-Baker-Recipes.pdf>

Homemade Black Bean Veggie Burgers Recipe Allrecipes com

Quick and easy black bean burgers, spiced up with chili sauce, cumin, garlic and chili powder. A tasty alternative to the frozen kind.

<http://ebookslibrary.club/Homemade-Black-Bean-Veggie-Burgers-Recipe-Allrecipes-com.pdf>

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